

# HEALTH & SAFETY INSTRUCTIONS FOR PARHAM VILLAGE LITTER PICK

## LITTER PICK – DO's

- Please wear protective gloves whilst litter picking. If you have a high-vis vest, please wear this too.
- Wash hands, or use a wet wipe (supplied) before eating drinking or smoking.
- Try to work as part of a group, or at least in pairs. If lone working, carry a mobile phone in good working order.
- Supervise children **AT ALL TIMES**. Children taking part are the responsibility of parents, guardians or other responsible adults.
- Report location of any “hazardous” items found to the Clerk. These items will be collected by the District Council and include syringes, broken glass, unidentified liquids, insecticides, asbestos etc.
- All activity must cease when a vehicle is approaching and not resume until the vehicle has passed.
- Avoid loose/stray animals.
- Leave the area at any time if you feel at risk.
- Face oncoming traffic at all times & **KEEP ALERT**.
- Leave bags of litter outside the village hall or at the top of Moat Farm driveway. The District Council will collect from there.

## LITTER PICK – DON'Ts

- DON'T start litter picking until you have read the Risk Assessment together with these safety instructions.
- DON'T work in, or close to water.
- DON'T remove any “hazardous” items eg syringes, clinical waste, animal faeces, broken glass yourself- please instead tell the Clerk who will inform SCDC of such items. Report their location to the event organiser
- DON'T reach into any undergrowth, even with gloved hands- please use a litter picker.
- **DON'T litter pick on any main road or busy highways**. Only collect in low traffic areas
- DON'T allow children to litter pick on or close to Highways
- DON'T take full bags of litter to Household Waste Sites. Leave them at the appropriate collection point.
- DON'T attempt to lift heavy objects such as tyres. Report their location to the event organiser.
- DON'T put yourself in a risky situation. If you cannot get a piece of litter safely and easily, please leave it.
- DON'T put loose broken glass into binliners. Please wrap or contain it safely first.

*Lydia Kirk*  
*Parham Parish Clerk*  
*01728 723 363*  
*parhamparishclerk@gmail.com*

**Parham Community Litter Pick**  
**8<sup>th</sup> & 9<sup>th</sup> April 2017**

HAZARD	LIKELIHOOD (RISKS)	CONTROLS	RESULTING RISK
Cuts, injuries from jagged cans, glass, falling over etc	HIGH	<ol style="list-style-type: none"> <li>1. Please wear gloves at all times. Volunteers are <b>NOT</b> to pick up any litter with bare hands, or reach into undergrowth.</li> <li>2. Sturdy footwear with a good grip must be worn.</li> </ol>	LOW
Infections, eg Tetanus, Weil's Disease	MEDIUM	<ol style="list-style-type: none"> <li>1. SCDC have been asked to provide Litterpickers for the event. If available, these will be outside the village hall. Volunteers to return them after use for other users.</li> <li>2. SCDC have been asked to provide gloves for the event. If available, these will be outside the village hall.</li> <li>3. All volunteers to clean hands thoroughly before eating/drinking/smoking.</li> <li>4. <b>NO</b> work to be done in/close to water.</li> </ol>	LOW
Needle stick injuries (Syringes)	MEDIUM	<ol style="list-style-type: none"> <li>1. Volunteers instructed <b>NOT</b> to reach into undergrowth (even with gloved hands) but use litterpicker.</li> <li>2. Parish litterpicker does <b>NOT COLLECT</b> syringes, volunteers advise location of any syringes to leader who keep records. Record passed to Parish Clerk who arranges safe clearance by SCDC.</li> </ol>	LOW
Dogs, dubious characters etc	MEDIUM	<ol style="list-style-type: none"> <li>1. All litterpicking done by groups of volunteers (minimum 2). No lone working.</li> <li>2. Children are directly supervised by an adult at all times.</li> <li>3. Volunteers to withdraw from any area at any time they feel at risk.</li> </ol>	LOW